MetLife | Dental Insurance

PDP Plus Network
MetLife Preferred Dentist Program

More choices for a healthier smile

With MetLife Dental insurance, you have a network that gives you access to thousands of participating dentists. More choices mean it's easier than ever to get the dental care you need for a happy, healthy smile.

More ways to save

You can choose to go to any dentist, but staying in-network is the best way to lower your costs[1] and make the most of your dental plan. That's because participating dentists have agreed to accept negotiated fees for covered services that are usually **35-50% less than average charges** in the same community.[2] This can mean more savings[1] for you!

Find a dentist

To find a participating general dentist or specialist, visit **metlife.com/dental** to access our Find A Dentist online directory. Additionally, International Dental Travel Assistance is automatically available to you and your covered dependents.[3]

Manage your dental plan

When enrolled in MetLife Dental insurance, you may obtain your plan information online at **metlife.com/mybenefits**. At this site you can:

- Review your plan information, such as covered services & procedures
- View claim history
- Access the Oral Health Library[4] for educational articles on dental care

1. Savings from enrolling in a dental benefits plan will depend on various factors, including the cost of the plan, how often participants visit a dentist and the cost of services rendered.
2. Based on internal analysis by MetLife. Negotiated fees refer to the fees that in-network dentists have agreed to accept as payment in full for certain services, subject to any deductibles, copayments, cost sharing and benefits maximums. Negotiated fees are subject to change. Negotiated fees do not apply to non-covered services in states that prohibit limitations for services not covered under a plan. Participating providers in these states may charge their non-negotiated fees for non-covered services.
3. AXA Assistance USA, Inc. provides dental referral services only. AXA Assistance is not affiliated with MetLife and the services and benefits they provide are separate and apart from the insurance or services provided by MetLife. Referral services are not available in all locations.
4. All information provided on this website ("Website") is intended for your general knowledge only and is not a substitute for obtaining medical or dental advice for specific medical or dental conditions or other advice from your dentists or doctors. By making this Website available to you, Metropolitan Life Insurance Company and its affiliates (collectively, "MetLife") is not engaged in rendering any such advice. Use of this Website is subject to all the terms stated herein. Insofar as the information provided on this Website is from third parties or links to third party websites, it has no association whatsoever with MetLife, unless expressly stated.

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. You may be financially responsible for copayments, deductibles, or any other amounts in excess of those MetLife is required to pay for covered services as described in your dental certificate and/or policy. Ask your MetLife representative for costs and complete details.

Group dental plans featuring the Preferred Dentist Program are provided by Metropolitan Life Insurance Company, New York, NY 10166

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Navigating life together