



## Estimate your dental costs

Whether you're budgeting for regular dental checkups, need a cavity filled, or a crown replaced, **MetLife's Dental Cost Estimator<sup>1</sup>** tool makes planning your care—and stretching your health care dollars—simple.

Based on your group dental plan, the Dental Cost Estimator<sup>1</sup> provides a personalized, plan specific, and Zip code-based cost estimate for the most common procedures. That way, you can get a good idea of what's covered and how much you may need to pay, even before you visit the dentist.

### \$ **MetLife's Dental Cost Estimator<sup>1</sup> is:**

#### **Personalized**

The tool takes your plan design into account—including in- and out-of-network coverage percentages, plan maximums, and applicable deductibles—to provide you with a customized estimate.

#### **Practical**

With the Dental Cost Estimator<sup>1</sup>, it's easy to look up valuable plan information on the go, such as combined and maximum deductibles, frequency limits, and plan maximums.

#### **Easy-to-use**

Access the Dental Cost Estimator<sup>1</sup> via MyBenefits or MetLife's mobile app.<sup>2</sup> With just a couple of clicks, you choose the procedure type and whether you'll be visiting an in-network dentist. Then, the tool generates an estimate showing what's covered and the amount, if any, you can anticipate paying out-of-pocket.

### **Access the Dental Cost Estimator<sup>1</sup> anytime**



*The MetLife Mobile App<sup>2</sup> is available on the App Store and Google Play. Along with the Dental Cost Estimator<sup>1</sup>, you can use the app to find a participating dentist, view your claims and see your ID card.\**

**Log in to MyBenefits or download the MetLife Mobile App<sup>2</sup> to use the Dental Cost Estimator<sup>1</sup> today.**

# How to register on MyBenefits

## Step 1

**Provide A Group Name:** Access MyBenefits at [mybenefits.metlife.com](http://mybenefits.metlife.com). Enter your employer name and select 'Next'.



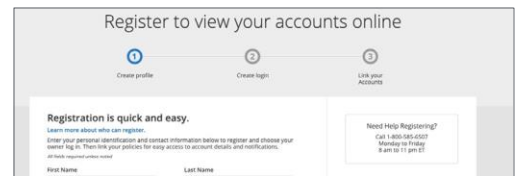
## Step 2

**Register:** Once you have selected your employer, you will then select the 'Register' button.



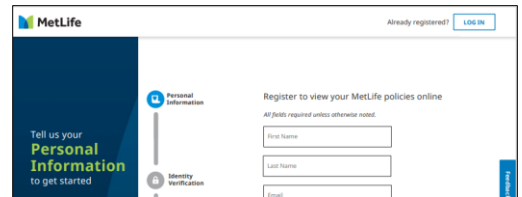
## Step 3

**Enter Authentication Information:** Enter your name, address, phone number, e-mail (required) and unique security identifiers to confirm your identity. You will then receive a security code, to continue the registration process.



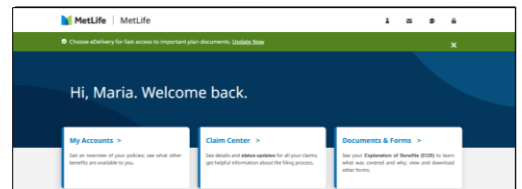
## Step 4

**Establish Account Credentials:** You will be prompted to create a username and password and answer three identity verifications questions to be used if you forget your password. In addition to reading and agreeing to the Terms of Use, you will be asked to opt in to electronic consent.



## Step 5

**Registration Is Complete:** You are now registered on MyBenefits! A confirmation email will be sent to the email address provided for your registration.



**Questions? Call MetLife Customer Service.**  
**1-800-GET-MET8 (1-800-438-6388)**

1. The Dental Cost Estimator application is provided by an independent vendor. This tool does not provide the payment information used by MetLife when processing your claims. Prior to receiving services, pretreatment estimates through your dentist will provide the most accurate fee and payment information. MetLife Online Services capabilities may vary by product and may not be available to all customers. Please contact your MetLife representative for more information.
2. To use the MetLife mobile app, employees can choose to register at [metlife.com/mybenefits](http://metlife.com/mybenefits) from a computer or directly through the app. Certain features of the MetLife Mobile App are not available for all MetLife Dental Plans.

Like most group benefits programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. You may be financially responsible for copayments, deductibles, or any other amounts in excess of those MetLife is required to pay for covered services as described in your dental certificate and/or policy. Ask your MetLife representative for costs and complete details.

This information is intended for your general knowledge only and is not a substitute for obtaining medical or dental advice for specific medical or dental conditions or other advice from your dentists or doctors. By making this information available to you, Metropolitan Life Insurance Company and its affiliates (collectively, "MetLife") is not engaged in rendering any such advice. Insofar as the information provided is from third parties, it has no association whatsoever with MetLife, unless expressly stated.

Group dental insurance policies featuring the Preferred Dentist Program are underwritten by Metropolitan Life Insurance Company, New York, NY 10166.

